

Sensory Social Routines (SSRs)

A joint activity routine in which each partner's focus is the other person.

Goals:

1. draw child's attention to social cues (eye contact and face, gestures, postures, anticipatory movements and facial expressions)
2. develop awareness of facial expressions (smiling, silly faces)
3. increasing communication by initiating, responding, and continuing social interactions (eye contact, facial expressions, gestures, sounds and words)
4. optimizing children's arousal and attention

Steps:

- Child and adult must face each other. Try and make sure you are at eye level (they sit in chair – you are on floor, etc.)
- The child must be active in the routine! Not just being entertained by you.
- The adult starts, pauses and waits often to give the child a chance for his communicative turn (once the child is familiar with the routine they should be communicating without as much stop and wait from the teacher).
- The child should have 10 – 12 familiar routines in the first 12 weeks!
- Objects can be used in some routines, but the adult controls them! Remember the child's focus should be on you! If the child has the object, that's where their focus will be.

Sensory Social Routines – Ideas

Songs/Games	Objects
<p>Peekaboo Grand Old Duke of York Wheels on the Bus Patty Cake Itsy Bitsy Spider Ring around the rosy Twinkle Twinkle little star Old MacDonald 1 little, 2 little Where oh, where oh Roly Poly The ants go marching Sleeping bunnies This is the way we If you are happy and you know it Slippery fish Apple Tree 6 little ducks 5 little frogs Round and round the garden Bumpy road Creepy fingers Airplane Swing Chase Hide and Seek</p>	<p>Bubbles Balloons Blanket Pin wheels</p>