

Joint Activity Routines (JARs)

JARS Can be:

- With objects
- Sensory Social Routines (SSRs)

Phases:

Set – up – both partners work together to set up toys



Theme – child and adult engage in a definable play activity



Elaboration – add to the theme



Closing – Child and staff clean up.

Example: Painting hand prints

Setting up, gathering paint brush, water, paper



Brush paint on one hand, place on paper



Turn hand print into tree, add apples, add sun



Wash hands, wash paintbrush, put items away

Starting point:

When left alone with an object, what action will your client engage in with that object? Take that action and put it into an activity.